



Master Ray Gayle VIII Degree

Professional Unification of Martial Arts (P.U.M.A.)

Email: chairman@puma-uk.com

Dear Instructor,

P.U.M.A. BRITISH CHAMPIONSHIPS 2016

General Information

Please find enclosed the details for the P.U.M.A. British Championships to be held on Sunday 20th November 2016 at the Swindon Oasis Leisure Centre, Swindon, Wiltshire, SN2 1EP.

The schedule will be as follows: (times are **approximate**)

9.30 am	Doors open
10.00 am	Junior weigh-in/height test (including Little PUMAs)
10:30 am	Musical Patterns
10:30 am	Junior Bo Staff Patterns
10:30 am	Junior Patterns
11.30 am	Junior High Kick (coloured belts only) followed by sparring (including Black Belt Juniors)
1:00 pm	Adult Coloured Belt weigh-in followed by Patterns and Sparring
2.00 pm	All Black Belt Adults

All officials please report to the top table at 9:00 am.

Names of all officials & helpers must be sent to: tournamentofficials@puma-uk.com

Competition Entry Fee

Adult/Junior:	One event £20, each event thereafter £5.
Little P.U.M.A.:	£20.00 per competitor for all events.
Spectators:	£5.00 spectators

Closing Date for Entries

All students should enter via the online entry system. This can be found on the home page of the PUMA website.

Click on the link to go to the 'Competition Entry' system.

Entries must be received no later than Sunday 13th November 2016. No Late entries will be accepted.

Events

Musical Patterns

The Musical Pattern event is available to all P.U.M.A. students aged 7 and above.

Each competitor performs their Musical Pattern in turn. Please see your instructor for the musical pattern rules.

Please send your music no later than one week prior to the competition to; chairman@puma-uk.com

Bo/Jang Bong

This event is open to all ages and grades that have graded and passed within the P.U.M.A. Jang Bong syllabus.

Two competitors will compete at the same time; the successful competitor will progress through to the next round.

Divisions

Junior coloured belt	Jang Bong pattern 1, 2 or 3 (according to Jang Bong grading passed)
Junior black belt	
Adult coloured belt	
Adult black belt	

Junior High Kick

The High-Kick event is open to junior competitors aged 14 or below who hold a coloured belt.

Divisions

≤140 cm
141 cm – 150 cm
151 cm – 160 cm
161 cm – 170 cm
170 cm +

Patterns

Divisions are first split by age, into junior, adult and veteran, and then grade. These divisions are then split by gender, into male and female.

Divisions

Grade	Exercise/Pattern
Little P.U.M.A.s	Little P.U.M.A. competition drill
PUMA 1 & 2, 9 th kup	Saju Jirugi 1 or 2, Saju Makgi or Chon-Ji
8 th & 7 th Kup	Chon-Ji or Dan-Gun
6 th & 5 th Kup	Do-San or Won-Hyo
4 th & 3 rd Kup	Yul-Gok or Joong-Gun
2 nd & 1 st Kup	Toi-Gye or Hwa-Rang
1 st Degree	Choong-Moo up to Gae-Baek
2 nd Degree	Eui-Am, Choong Jang, Juche or Ko-Dang
3 rd Degree +	Pattern applicable to current grade

Please note: In the final of a black belt division, competitors must perform their choice pattern followed by a pattern designated by the centre judge ranging from Chon-Ji to the patterns of grade. The winner will then be decided based on the two patterns seen by the judges in that round.

Kickboxing Drill

The Kickboxing Drill event is available to all P.U.M.A. students aged 7 and above.

The following equipment is compulsory:

- (Drill 1 or 2) Hand wraps, gloves, gum shield. Head guards are optional.
- (Drill 3) Hand wraps, gloves, gum shield, shin & forearm guards. Foot guards and head guards are optional.
- Please enter this event through your instructor only and not the P.U.M.A. online entry system

Divisions

There are two divisions in the kickboxing drill event: white belt up to and including blue stripe; and blue belts and above.

Sparring

P.U.M.A. approved sparring equipment must be worn for all sparring categories.

Junior 10th kup, P.U.M.A grade 1, 2 and junior 9th kup, who are aged 7 to 9, can compete in 'Bully Bob' sparring.

The following equipment is compulsory: Head guard, hand guards, foot guards, forearm guards & elbow guards.

Point stop sparring for grades 8th kup up to and including 5th kup (Blue Stripe).

Continuous sparring for 4th kup (Blue Belt) and above.

The following equipment is compulsory: Head guard (open faced), gum shield, non-weighted closed-finger hand guards, forearm guards, foot guards & shin guards. Groin guards are compulsory for males and optional for females. Chest guards are optional for females.

Junior Divisions

≤140 cm
141 cm – 150 cm
151 cm – 160 cm
161 cm – 170 cm
170 cm +

Cadet Divisions

Female	Male
≤45 kg	≤50 kg
46 kg – 51 kg	51 kg – 56 kg
52 kg – 57 kg	57 kg – 63 kg
58 kg – 64 kg	64 kg – 70 kg
65 kg +	71 kg +

Adult & Veteran Divisions

Colour Belts		Black Belts	
Female	Male	Female	Male
≤57 kg	-	≤57 kg	≤ 58 kg
58 kg - 63kg	≤ 64 kg	58 kg - 63kg	59 kg – 64 kg
-	65 kg – 72 kg	-	65 kg – 70 kg
64kg - 70kg	73 kg – 80 kg	64kg - 70kg	71 kg – 76 kg
-	-	-	77 kg – 80 kg
71kg +	81 kg +	71kg +	81 kg +

Destruction

Destruction events are only open to adults (i.e. those aged 18 or above on the day of the competition). Competitors will be split by gender and grade.

Male Divisions – Board

Blue and Red Belts	Hand Technique Foot Technique	Knife hand strike Standing side kick
Black Belts	Hand Technique Foot Technique	Any hand excluding elbow Jumping back kick

Female Divisions – Board

Blue and Red Belts	Hand Technique Foot Technique	Any hand technique including elbow Any standing kick
Black Belts	Hand Technique Foot Technique	Any hand technique including elbow Any jumping or flying kick

Please note: Students are allowed to compete in more than one destruction event. An additional fee is required for each separate destruction category.

Master R Gayle
Chairman
P.U.M.A.